



The Friends of
NORRIS COTTON
CANCER CENTER

the friends

SUMMER 2007

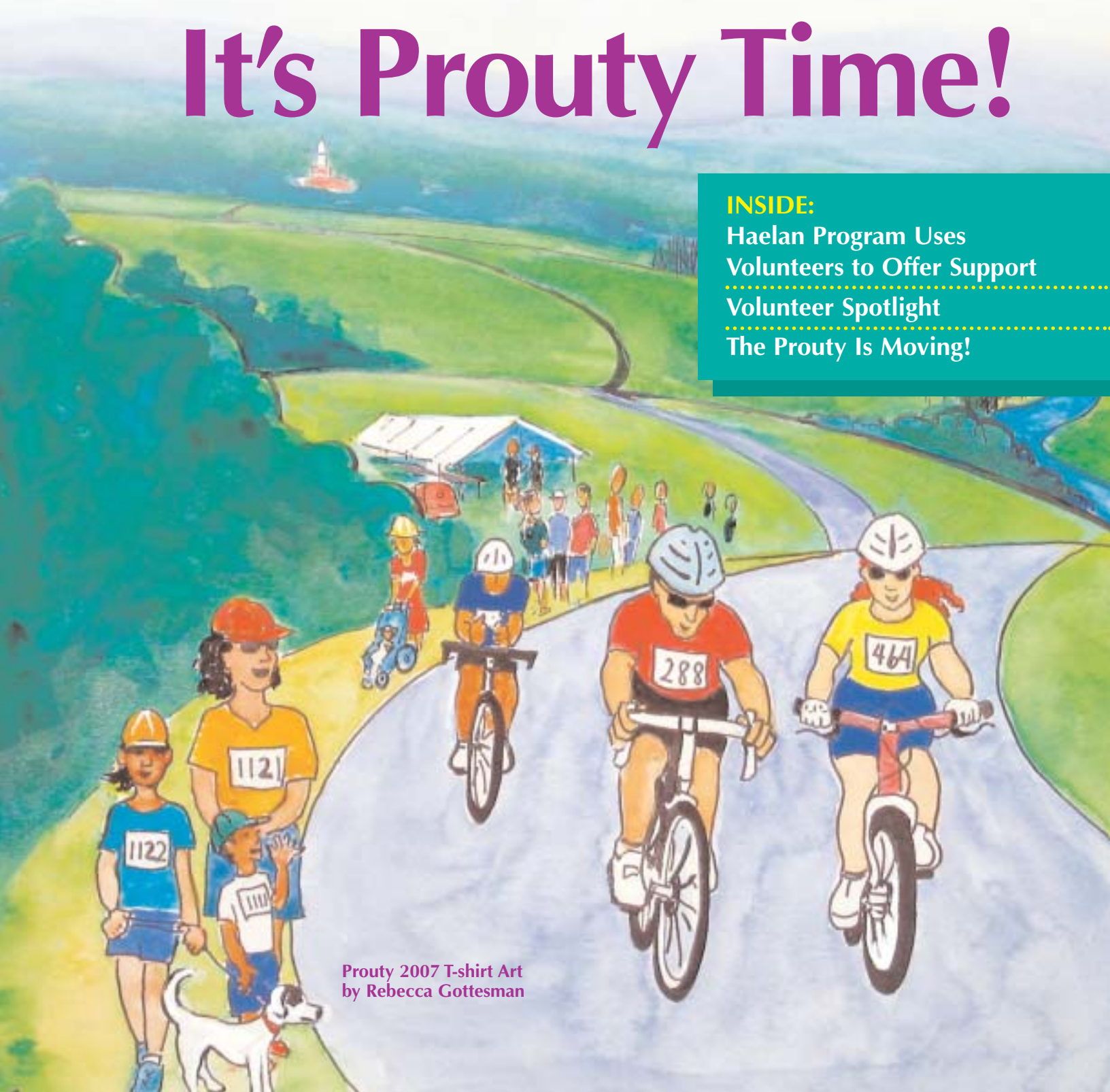
It's Prouty Time!

INSIDE:

Haelan Program Uses
Volunteers to Offer Support

Volunteer Spotlight

The Prouty Is Moving!



Prouty 2007 T-shirt Art
by Rebecca Gottesman

The Summer Season Is Here, So Let's Prouty!

Warmer weather, longer days and endless to-do lists let us know that the Friends summer event season is upon us! Filled with bike rides and walks, half-marathon runs, motorcycle events, and polo matches, the next few months remind us of just how important our volunteers are to the success of the Friends. Without them, we would never be able to fulfill our mission of supporting cancer research and patient services at Norris Cotton Cancer Center. Join us in celebrating all the ways our volunteers make it all possible.

The signature event of the Friends (and by far our biggest!) is The Prouty Century Bike Ride & Challenge Walk. Each year, people from all over Northern New England and more than 15 other states bike and walk our beautiful Connecticut River Valley to raise money for our nationally recognized Comprehensive Cancer Center. This year, The Prouty is on Saturday, July 14, and starts from its new home, the Richmond Middle School in Hanover, NH.

And talk about volunteers! To support the growing popularity of this 26-year tradition, more than 400 volunteers will organize, serve, deliver, register, massage, treat, entertain, watch over, and otherwise support 3,500 bikers and walkers to help us meet our \$1.5 million goal. Online registration is open and the weather is perfect to start training, so if you'd like to participate, donate or volunteer, please join us online at www.theprouty.org or call 800-226-8744 to ask for our 2007 Prouty brochure.

The Prouty's not the only place volunteers will make a difference this year. They'll serve continental breakfast and give out water to our Friends Team at the Covered Bridges Half Marathon in Pomfret, VT, on June 3. They'll cheer on local runners and give out fruit, snacks and T-shirts at the Skip Matthews Father's Day Run in Lebanon, NH, on June 17.

Later in the summer, volunteers will chill champagne, serve hors d'oeuvres, and root for the Quechee Polo Club at its 14th Annual Benefit Match on August 18 in Quechee, VT. And then they'll register motorcyclists, give out raffle prizes, and serve lunch on the road for the Green Mountain Motorcycle Ride on August 26, which starts and ends at the Cancer Center.

We think our volunteers are incredible. And we're sending out a big thank you to each and every one!

Haelan Program Uses Volunteers to Offer Support

Through a generous annual grant from the Friends of Norris Cotton Cancer Center, the Haelan Program for Patient Support Services has been able to combine paid and volunteer services to expand its offerings in the Cancer Center. The program is now able to offer more Reiki, a soothing form of body and energy work (enjoyed by more than 300 patients), and chair massage, another form of relaxing support (used by 400 patients).

Other programs made possible through the Friends and Haelan Program volunteers include: Celtic harp music; free knit hats, scarves and yarn; wig and personal product resources; new patient information packets; and new printed materials on cancer. Additionally, Haelan Program coordinator Deb Steele manages nine support groups serving close to 90 people.

The Haelan Program will continue to expand as more volunteers join the program. If you have a skill and the time to volunteer, please call Deb Steele at 800-639-6918. For information on special events and programs, check online at www.cancer.dartmouth.edu/support.

Join Us for Champagne, Dinner, and Silent Auction at Quechee Polo Match

On August 18, 2007, the Friends of Norris Cotton Cancer Center and the Quechee Polo Club once again join forces on the polo fields in Quechee, VT. This annual polo benefit event, now in its 14th year, will feature a champagne reception and elegant dinner, a pre-game riding demonstration, a silent auction, and a polo match. Tracy Lombardi, Friends board member and chair of the Polo Committee, can be contacted at tracy.lombardi@ledyardbank.com for more information or to volunteer. Tickets for the benefit will be available in late June online at www.CancerFriends.dartmouth.edu





An Artisan Volunteer

Some volunteers spend time in the Cancer Center, some volunteers help at events, and some are artisans whose creative pursuits raise money for Norris Cotton Cancer Center.

Rolande Andrews, better known as "Ron," is just such an artisan. Although by day she is the director of Harvest Hill Retirement Home in Lebanon, her true love is jewelry design and creation. Inspired by her daughter Christie's brush with cancer, Ron's Beachcombers Studio (with help from her husband, Don, and Christie) created our beautiful HOPE bracelets and necklaces. "We knew that Christie's life had been saved by the care she received at Norris Cotton Cancer Center," says Ron, "and we wanted to say thank you."

The HOPE sterling silver jewelry, available online at www.CancerFriends.dartmouth.edu and at Hanover stores such as Brambles, has been the Friends most successful sales item.

Here's our thanks to you, Ron, Don and Christie!



Madeline Boughter

Madeline became a participant in the NH Leadership Program sponsored by the Institute on Disability through the University of New Hampshire. After her challenging classes end, she hopes to be a savvy advocate for people with mental illness, disabilities, and financial struggles.

For Madeline, volunteering has its own rewards. Recently, she helped a patient without a caregiver to locate and print information from the Internet about his cancer. With appreciation and a twinkle in his eye, he wondered aloud if Madeline had angel wings growing from her shoulders.

Note: The Friends would like to extend heartfelt thanks to Marj Aptakin, who recently retired from serving lunches in the Infusion Suite. We appreciate all that Marj has done for the patients of Norris Cotton Cancer Center.

the
friends



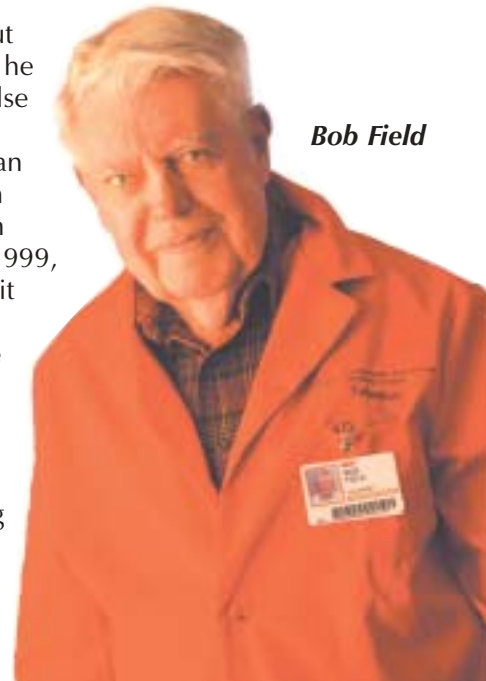
Since November 2001, every Tuesday morning Madeline Boughter's smile has lit up the Patient and Family Resource Library in Norris Cotton Cancer Center. Madeline enjoys the variety of tasks she handles each week, from entering new books into the library database to replenishing cancer-related booklets in the Hematology/Oncology and Radiation Oncology waiting rooms.

Volunteering is not all Madeline does. In 2006,

Bob Field is no stranger to volunteering. It has been an integral part of his life for many years. In addition to volunteering in the Cancer Center's Infusion Suite, where he has served lunch every Friday for the past eight years, this Dartmouth grad ('43) and former Vice President and Treasurer of Dartmouth College—serves on numerous boards in the Upper Valley, including the Humane Society, the Upper Valley Hostel, and the widely respected Bonnie Clac organization.

When the Friends first contacted Bob about being highlighted in the Volunteer Spotlight, he demurred, "Surely there must be someone else who is more deserving." We think not. This 12-year prostate cancer survivor developed an appreciation for the Cancer Center's infusion program when his wife was treated for colon cancer. Sadly, she passed away in 1998. In 1999, Bob began volunteering in the very same unit where his wife received her treatment. The same supportive and comforting care that he and his wife experienced nearly a decade ago continues today in the Infusion Suite through the efforts of Bob and his fellow volunteers.

Hats off to this very engaged and engaging volunteer.



Bob Field

The Best Half-Marathon in New England!

That's what New England Travel & Life has to say about the Covered Bridges Half Marathon in Pomfret, VT. For the third year, we're proud to say the Friends Team is running this nationally known event, which takes place on Sunday, June 3. Team members raise money for the Cancer Center, and receive prizes, a reception, and an amazing experience in return. Email michelle.r.schembri@dartmouth.edu to reserve a place in next year's run!



Get on Your (Motor) Bike and Ride!

Join the Green Mountain Motorcycle Ride on Sunday, August 26, 2007, to raise money for cancer research and patient services at Norris Cotton Cancer Center. Bike through the gorgeous mountains of Vermont and New Hampshire, and enjoy lunch, raffles, door prizes, and a barbecue. Hit the open road while helping to find a cure! For more information and to register, go online to www.greenmountainride.org.

Winter Social Fundraisers a Big Success!

A small committee of Friends arranged four fundraising events in March that boosted wintry spirits and raised \$6,000 for Norris Cotton Cancer Center. Three dinner parties—one hosted by Shelley Gilbert, another by Lili and Michael Mayor, and a third by Mary and Brian Kennedy and Sandra Hoeh—and a cocktail party hosted by Linda Mackay and Kathryn Stearns, entertained seventy-five guests with food, drink and good company, all generously supplied by the hosts. Sound like fun? Please email Sandra.Hoeh@yahoo.com if you'd like to be involved next winter. And thank you to our gracious hosts and their generous guests!

Summer Season Is Here!

Let's Prouty

Saturday, July 14, 2007

At our new site: Richmond Middle School, 63 Lyme Road (Rte. 10) Hanover, NH

For more information or to register go to www.theprouty.org

Bike 25, 50 or 100 miles – Walk 5K, 10K, 15K or 20K

Raise money for cancer research and patient services at Norris Cotton Cancer Center

Summer Season Dates

Friends Team at Covered Bridges Half Marathon	June 3
Skip Matthews Memorial Run	June 17
Eastman Golf Tournament	June 21
Prouty Century Bike Ride & Challenge Walk	July 14
Quechee Polo Benefit Match	August 18
Green Mountain Motorcycle Ride	August 26

Photography: Mary Keeler, Tom McNeill and Mark Washburn
 Editorial: Jean Brown, Bob Gilmore, Mary Keeler, Michelle Schembri, and Deb Steele
 Newsletter design: Bob Heggen Printing: Imperial Company

